## SESSION 1

## HUMAN NEEDS – HUMAN RIGHTS – HUMAN RESPONSIBILITIES

## The soup of life

Human needs cards











to be alive.



I need...

freedom from slavery.



I need...

safety from torture.



I need...

to have an identity.



I need...

the law to treat me equally and fairly.



I need...

protection when I am treated wrongly.



I need...

safety from arbitrary arrest and unjust punishment.



I need...

trials to be fair and public.



I need...

to be considered innocent until proven guilty.



I need...

privacy and dignity.



to be allowed to move around freely.



I need...

to be allowed to flee from danger.



I need... citizenship.



I need...

to be allowed to marry and have children if I want.



I need...

the same rights for men and women in the family.



I need...

to own my things.



I need...

to be allowed to think for myself.



I need...

to be allowed to have and practice my religion/beliefs.



I need...

to be allowed to change my religion/beliefs if my conscience dictates.



I need...

to be allowed to have opinions and share them with others.



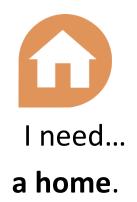
access to information.



I need...

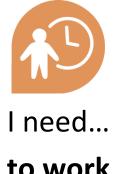
to meet people, join and organise groups.











to work and receive fair pay.



rest and relaxation.







I need...

to enjoy the benefits of science.



I need...

a peaceful, orderly society.



I need...

to care for others.



I need...











