

SESSION 1

HUMAN NEEDS – HUMAN RIGHTS
– HUMAN RESPONSIBILITIES

The soup of life

Human needs cards





I need...
freedom.



I need...
equality.
No discrimination!



I need...
to be alive.



I need...
freedom
from slavery.



I need...
safety
from torture.



I need...
to have
an identity.



I need...
**the law
to treat me
equally and fairly.**



I need...
**protection
when I am
treated wrongly.**



I need...
**safety from
arbitrary arrest
and unjust
punishment.**



I need...
**trials to be
fair and public.**



I need...
**to be considered
innocent until
proven guilty.**



I need...
**privacy
and dignity.**



I need...

**to be allowed
to move around
freely.**



I need...

**to be allowed
to flee from
danger.**



I need...

citizenship.



I need...

**to be allowed to
marry and have
children if I want.**



I need...

**the same rights
for men and women
in the family.**



I need...

**to own
my things.**



I need...
**to be allowed to
think for myself.**



I need...
**to be allowed to
have and practice
my religion/beliefs.**



I need...
**to be allowed
to change my
religion/beliefs if my
conscience dictates.**



I need...
**to be allowed to
have opinions
and share them
with others.**



I need...
**access to
information.**



I need...
**to meet people,
join and organise
groups.**



I need...
**the right
to vote.**



I need...
a home.



I need...
health care.



I need...
**to enjoy
and express
myself.**



I need...
**to work
and receive
fair pay.**



I need...
**rest and
relaxation.**



I need...
food.



I need...
education.



I need...
**to enjoy the benefits
of science.**



I need...
**a peaceful,
orderly society.**



I need...
**to care
for others.**



I need...



I need...



I need...



I need...



I need...



I need...



I need...