SESSION 1

**Human needs – Human rights
– Human responsibilities**

**Human Rights Gallery**

Posters







Article 1

We are born free and equal and have our own thoughts and ideas. We should all be treated
in the same way.



Article 2

These rights belong
to every human being;
whether we are rich or poor, whatever country we live in, whatever sex or
whatever colour we are,
whatever language we speak, whatever we think
or believe.



Article 3

We all have
the right to life
and to live in
freedom and safety.



Article 4

Nobody has any right
to make us a slave
and we cannot make
anyone else
our slave.



Article 5

Nobody has any right
to hurt or torture us
or treat us cruelly.



Article 6

We all have the right
to be recognised
as a person
by the law.



Article 7

The law is the same
for everyone.
It must treat us all fairly
and protect us
from discrimination.

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Article 8

The law should
protect our rights
and help when someone
violates our rights.



Article 9

Nobody has the right
to arrest or put us in prison
without a good reason,
or to send us away
from our country.



Article 10

If someone is accused
of breaking the law,
they have the right to
a fair and public trial.



Article 11

Nobody should be blamed
for doing something until it
has been proved that they did it.
If people say we did
something bad, we have the
right to prove that this is not true.
Nobody should punish us
for something we did not do,
or for doing something
which was not against the law
when we did it.



Article 12

Nobody should try
to harm our good name.
Nobody has the right to
come into our home,
open our letters,
or bother us or our family
without a very good reason.



Article 13

We all have the right
to go where we want to
in our own country
and to travel abroad
as we wish.



Article 14

If we are in danger of
persecution in our own country,
we all have the right
to run to safety
in another country.



Article 15

We all have the right
to belong to a country
– to citizenship.

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Article 16

Every grown-up has the right
to marry and have a family
if they want to.

No one shall be forced to marry.

Men and women have the same rights when they are married,
and when they are separated.



Article 17

Everyone has the right to
own things or share them.
Nobody should take
our things from us
without a good reason.

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Article 18

We all have the right to
think for ourselves and follow
our conscience, to hold beliefs
and to have a religion.

We all have the right to practice
our beliefs alone or with other people, in public and in private.

Everyone has the right
to change their beliefs and
religion if they want to.

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Article 19

We all have the right
to access information,
to make up our own minds
and to hold, express and share
our opinions and ideas with
other people wherever they live,
through any means we want
e.g. books or the internet.



Article 20

We all have the right to
meet our friends and to create groups that do things together, including working together to peacefully defend our rights.

Nobody can make us join
a group if we don’t want to.



Article 21

We all have the same right
to stand for election and
to join the public service.
Every grown up has the right
to vote for political leaders
in regular elections.
All votes are equal and
should be made in secret.

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Article 22

We all have the right
to a home, to have enough
money to live on and to get
medical help if we are ill.

We should all be allowed to
enjoy and express ourselves
through music, art, craft or sport
 and to use our skills.



Article 23

Every grown-up
has the right to a job,
to get a fair wage for their work,
and to join a trade union.



Article 24

We all have the right
to rest from work
and relax.



Article 25

We all have the right
to a dignified life,
with enough food, clothing,
housing and healthcare.
Mothers and children,

people without work,

old and disabled people

all have the right to help.



Article 26

We all have the right
to an education. Primary
education should be free.
We should be able to learn

a career, or to make use

of all our skills.



Article 27

We all have the right
to our own culture, and
to enjoy the good things that
science and learning
bring to society.



Article 28

We have the right to
live in an orderly, peaceful society and world so that we
can enjoy our rights
and freedoms.



Article 29

We have a duty
 to other people and
should protect their rights
and freedoms.



Article 30

No state or person is
allowed to act in a way that
removes rights and freedoms
from other people.