# FORB in my day

## Discuss the following questions:

- Share a story of a time when you shared your ideas or questioned something. What happened and how did it feel?
- Share a story of a time when you couldn't share your ideas, question something you felt was wrong or couldn't be open with your identity. How did it feel?
- Is it important to you to be able to express your ideas and your identity in your daily life? Is it important to be able to question ideas or practices that you believe are wrong?
- How would it feel to be forced to live on the basis of what other people think and believe instead of your own beliefs?



PAIR/BUZZ GROUP QUESTIONS

#### SESSION 2 HANDOUT

# FORB in my day

## Discuss the following questions:

- Share a story of a time when you shared your ideas or questioned something. What happened and how did it feel?
- Share a story of a time when you couldn't share your ideas, question something you felt was wrong or couldn't be open with your identity. How did it feel?
- Is it important to you to be able to express your ideas and your identity in your daily life? Is it important to be able to question ideas or practices that you believe are wrong?
- How would it feel to be forced to live on the basis of what other people think and believe instead of your own beliefs?



GROUP QUESTIONS